

2nd Level Updating of List of Aquaculture Farms (2023 ULAF)

DAILY MENU

June 26-30, 2023

June 26, 2023

LUNCH **Number of Pax:** 21

- Beef nilaga with corn
- Pork sisig
- Battered grilled fish with ensaladang manga
- Yang Chow
- Ice cream

PM SNACKS **Number of Pax:** 21

- Cheese Burger with Fries
- Soda in can

DINNER **Number of Pax:** 14

- Chicken soup
- Boneless daing na bangus w/ensaladang pako
- Pork tripe kare-kare w/bagoong
- Steamed rice
- Fresh fruits in a platter

June 27, 2023

AM SNACKS **Number of Pax:** 21

- Macaroni salad
- Lumpia shanghai, 2pc
- Pineapple juice in can

LUNCH **Number of Pax:** 21

- Sinigang na baboy
- Adobong Pusit
- Chopseuy
- Steamed rice
- Leche Flan

PM SNACKS **Number of Pax:** 21

- Quesadillas w/ French fries
- Fresh melon or mango shake

DINNER **Number of Pax:** 14

- Sinigang na hipon
- Adobo sa asin
- Kinunot
- Shanghai Rice
- Fresh fruit in a platter

June 28

AM SNACKS **Number of Pax:** 21

- Bacon, Egg and Cheese pancake sandwich
- Fresh kalamansi-cucumber juice

LUNCH **Number of Pax:** 21

- Sinigang sa miso
- Igado
- Fried chicken
- Steamed rice
- Sili Ice cream

PM SNACKS **Number of Pax:** 21

- Schawarma and mojos
- Soda in can

DINNER **Number of Pax:** 14

- Tinolang native na manok
- Laing
- Pan fried tanguigue w/tomato salsa
- Tinapa Rice
- Red velvet slice

June 29, 2023

AM SNACKS **Number of Pax:** 21

- Pancit Canton
- Puto/Toasted Siopao
- Pineapple Juice in Can

LUNCH **Number of Pax:** 21

- Ginatang Sitaw at kalabasa with crabs
- Spicy adobong atay
- Pork liempo barbecue
- Shanghai Rice
- Fresh fruits in a platter

PM SNACKS **Number of Pax:** 21

- Fresh Lumpia Ubod
- Siomai with toyo mansi
- Soda in can

DINNER **Number of Pax:** 14

- Inasal na manok
- Bicol Express
- Pakbet Ilokano
- Steamed rice
- Blueberry cheesecake slice

June 30

AM SNACKS

**Number of
Pax:**

21

- Beef Lasagna
- Banana Muffin
- Fresh kalamansi juice

LUNCH

Number of Pax:

21

- Sinigang na hipon
- Gulay na santol
- Fried fish pinusta with kimchi
- Steamed rice
- Fresh fruit in a platter

Note: Free flowing distilled/mineral water and coffee with creamer/sugar
from 26 – 30 June 2023