

**2024 POPCEN CBMS Map and Data Processing Provincial Training**  
**September 2-6, 2024 (5 days)**

**MENU**

<b>AM Snacks</b>	<b>Lunch</b>	<b>PM Snacks</b>
<b>DAY 1</b>		
Congee Overload with Egg Toasted Garlic Bread Fresh Buko Juice	Buttered Chicken Inihaw na Tilapia Pork Sinigang with Monggo Steamed Rice Watermelon	Toasted Siopao Cheesy Nachos Juice in Can
<b>DAY 2</b>		
Pancit Guisado Tuna Sandwich Fresh Buko Juice	Tortang Talong Grilled Chicken Nilagang Baka Steamed Rice Banana Lakatan	Clubhouse Sandwich with Potato Fries Coke in Can
<b>DAY 3</b>		
Special Mami with Egg Steamed Siomai Fresh Buko Juice	Garlic Mushroom with Broccoli Fried Fish (sliced) Pork Sinigang Steamed Rice Coffee Jelly	Cheese Burger with Potato Fries Coke in Can
<b>DAY 4</b>		
Butter toasted Bread Carbonara Fresh Buko Juice	Ensaladang Talong Pork Steak Fish Sinigang Steamed Rice Sliced Sweet Mango	Ham & Cheese Sandwich w/ potato fries Mango Graham Shake
<b>DAY 5</b>		
Chicken Nugget Macaroni Salad Fresh Buko Juice	Chicken Adobo Tofu Sisig Nilagang Baka Steamed Rice Buko Salad	Banana Fritters Kikiam with Sauce MilkTea

*w/free flowing coffee and distilled water*

Prepared by:

Noted:

**JANICE E. ESPIRITU**  
Supervising Statistical Specialist

**MARIA DULCE C. PADAYAO**  
Chief Statistical Specialist