

DAILY MENU
2024 POPCEN-CBMS Data Processing
Provincial Level Training

September 24-28, 2024 (Batch 1) & October 1-5, 2024 (Batch 2)

1st day - Monday

AM SNACKS

- Spaghetti Bolognese and 2 pc Garlic Bread
- Fresh Lemonade Juice

LUNCH

- Pork Sinigang
- Fresh Lumpia
- Steamed Rice
- Mixed Veggies
- Fruit Salad

PM SNACKS

- Steamed Siopao
- Four Seasons in can

2nd day - Tuesday

AM SNACKS

- Pancit Guisado with Turon
- Fresh Melon Juice

LUNCH

- Lechon Kawali
- Laing
- Mushroom Soup
- Steamed Rice
- Fresh Fruit slices

PM SNACKS

- Ham and Egg sandwich and Fries
- Pineapple Juice in can

3rd - Wednesday

AM SNACKS

- Dinuguan with Puto
- Fresh Lemonade Juice

LUNCH

- Grilled Liempo
- Pakbet
- Crab and Corn Soup
- Steamed Rice
- Leche Flan

PM SNACKS

- Ham and Cheese Burger with Fries
- Four Seasons in can

4th day- Thursday

AM SNACKS

- Pancit Bihon with Sinapot
- Fresh Cucumber Juice

LUNCH

- Fried Tulingan
- Sinigang na Hipon
- Steamed Rice
- Maja Blanca

PM SNACKS

- Clubhouse Sandwich with potato chips
- Four Seasons in Can

5th day- Friday

AM SNACKS

- Pasta Carbonara and bread
- Fresh Calamansi Juice

LUNCH

- Fried Chicken
- Chopsuey
- Corn Soup
- Steamed Rice
- Fresh Fruit Slices

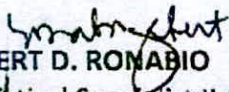
PM SNACKS

- Kinalas with egg and puto
- Coke in a bottle

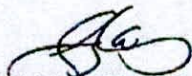
Note:

Supplier must adhere to the government's advocacy on "Green Procurement"

Prepared by:


JOBERT D. ROMABIO
Statistical Specialist II-COSW

Noted by:

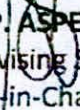

JOVILYN J. CACHO
Senior Statistical Specialist

Approved by:

FOR THE SUPPLIER:

We hereby guarantee that the proposed menu will be served completely and accurately. Any alteration should be made upon approval of the end-user.

Representative signature over printed name


RAUL P. ASPE JR.
(Supervising Statistical Specialist)
Officer-in-Charge