

FOOD, VENUE, AND ACCOMMODATION FOR GUESTS AND PARTICIPANTS

April 2018 RDR
April 17-19, 2018

(PREFERRED VENUE – LEGAZPI CITY)

NEEDED AMENITIES

- Air-conditioned Conference Hall (for 25 pax; from 8:00AM – 10:00PM)
- **Strong Wifi Connection**
- Sound System
- Rostrum & (3) Microphones
- LCD Projector
- Backdrop and Welcome Streamer
- Whiteboard & Whiteboard Marker
- Secured Parking Space
- Standby Generator Set

ACCOMMODATION

April 16, 2018 (check-in: 2:00 PM)

Number of Participants: Nine (9)

CN – 3 CT - 3 MT – 3

ROOMS

(1) 1-Bed

(4) 2-Bed

April 17, 2018 (check-in 7:00 AM)

Additional Participants

Number of Participants will check in: Nine (9)

RO – 2 AL – 1 CS – 3 SR - 3

April 17-18, 2018: Total Participants: Eighteen (18)

RO – 2 AL – 1 CN – 3

CS – 3 CT - 3 MT – 3

SR – 3

ROOMS

(2) 1-Bed

(8) 2-Bed

April 19, 2018 (check-out 12:00 NN)

Number of Participants will check out: Nine (9)			
RO – 2	AL – 1	CS – 3	SR - 3

April 19, 2018 (Remaining Participants)

Number of Participants: Nine (9)		
CN – 3	CT - 3	MT – 3

ROOMS
(1) 1-Bed
(4) 2-Bed

April 20, 2018 ((Check Out of all participants 12:00 NN)

FOOD & NUMBER OF PARTICIPANTS

**With Flowing Mineral/Distilled Water and Coffee*

SERVING TIME:

Breakfast – 6:00-8:00 AM
Lunch – 12:00 PM
Dinner – 6:00-8:00 PM

PM Snacks – 3:00 PM
AM Snacks – 10:00AM

April 16 (Monday)

9 pax
• Dinner

April 17 (Tuesday)

23 pax
• Breakfast
• AM Snacks
• Lunch
• PM Snacks
• Dinner

April 18 (Wednesday)

23 pax

- Breakfast
- AM Snacks
- Lunch
- PM Snacks
- Dinner

April 19 (Thursday)

23 pax

- Breakfast
- AM Snacks
- Lunch
- PM Snacks

9 pax

- Dinner

April 20 (Friday)

9 pax

- Breakfast

MENU TO BE SERVED

April 16, 2018

Dinner (9 pax)

- Soup:Fish (Pinusta) Cosido
- Pork Steak
- Laing
- Rice
- Slices Pineapple

April 17, 2018

LEGAZPI's SPECIALTY

Breakfast (23 pax)

- Tocino with achara
- Scrambled Egg

- Plain Rice
- Banana

AM Snack (23 pax)

- Tuna Sandwich
- Potato Fries
- Fresh Buko Juice

Lunch (23 pax)

- Clear Soup
- Pork Cordon Bleu
- Chicken Adobo
- Buttered Vegetables
- Fresh Fruit in season
- Steamed Rice

PM Snack (23 pax)

- Pancit Guisado
- Toasted Bread
- Fresh Buko Juice

Dinner (23 pax)

- Fish Cocido na Pinusta
- Grilled Pork Chop
- Pinangat
- Steamed Rice
- Banana

April 18, 2018

DAET's CHOICE

Breakfast (23 pax)

- Fried/Plain Rice
- Vegetable Omelet
- Tinapa
- Papaya

AM Snack (23 pax)

- Fresh Lumpia
- Fresh Buko Juice

Lunch (23 pax)

- Pork Sinigang
- Fried yellow fin
- Ginataang Kalabasa at Sitaw
- Steamed Rice
- Banana

PM Snack (23 pax)

- Toasted Siopao
- Mango Shake

Dinner (23 pax)

- Crab and Corn Chowder
- Lumpiang Shanghai
- Fried Fish na pinusta
- Ampalaya con Carne
- Steamed Rice
- Fresh Fruits in Season

April 19, 2018

NAGA's PICK

Breakfast (23 pax)

- Garlic Rice
- Boiled Eggs
- Daing na Bangus
- Mango

AM Snack (23 pax)

- Ham Sandwich
- Iced Tea

Lunch (23 pax)

- Hototay Soup
- Grilled Liempo
- Chopsuey Guisado
- Steamed Rice
- Creamy Fresh Fruit Salad

PM Snack (23 pax)

- Pancit Palabok
- Fit & Right

Dinner (9 pax)

- Cream of Mushroom Soup
- Pork Steak
- Tinutungang Papaya
- Steamed Rice
- Fruits in Season

April 20, 2018

Breakfast (9 pax)

- Garlic Rice
- Ham Omelet
- Spicy Tuyo Flakes
- Coffee/Tea
- Banana

Note: Flowing Coffee/Tea for the entire duration of the training.

**Rice: No artificial flavouring/enhancer.*