

Suggested Menu

2024 Census of Population (POPCEN) and Community Based Monitoring System (CBMS) Provincial Level Training

<p>DAY 1: 17 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> Pancit Canton with Garlic Bread Iced Tea <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Nilagang Pata Ginisang Talong with Oyster Sauce Daing na Bangus Banana <p>PM Snacks:</p> <ul style="list-style-type: none"> Biko Buko Juice 	<p>DAY 2: 18 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> Spagettie Pineapple Juice <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Pork Sinigang Ginataang Laing Calderetang Manok Mango <p>PM Snacks:</p> <ul style="list-style-type: none"> Asado Siopao Iced Tea
<p>DAY 3: 19 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> Champorado with dilis/tuyo Iced Tea <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Chicken Tinola Ginataang Kalabasa at Sitaw Fish Steak Watermelon <p>PM Snacks:</p> <ul style="list-style-type: none"> Chicken Sandwich Soda 	<p>DAY 4: 20 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> Pancit Palabok Iced Tea <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Pork Afritada Monggo with Malunggay Fried Fish Mango <p>PM Snacks:</p> <ul style="list-style-type: none"> Dinuguan with Puto Iced Tea
<p>DAY 5: 21 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> Sotanghon Guisado Iced Tea <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Bulalo Bicol Express Kinunot Banana <p>PM Snacks:</p> <ul style="list-style-type: none"> Maja Blanca Iced Tea 	<p>DAY 6: 21 June 2024</p> <p>AM Snacks:</p> <ul style="list-style-type: none"> <p>Lunch:</p> <ul style="list-style-type: none"> Steamed Rice Pork/Chicken Adobo Ginataang Langka with pork bits Sinigang na Bangus Mango <p>PM Snacks:</p> <ul style="list-style-type: none"> Latik Iced Tea

NOTE: **Unlimited water, coffee/Tea for the entire duration of the training

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