Agency: Activity: Date:

PSA ECHO TRAINING ON ACCOUNTING December 19-21, 2016

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DATE	BREAKFAST (6:00 AM)	AM SNACKS (9:00 AM)	LUNCH (12:00 NN)	PM SNACKS (3:00 PM)	DINNER (6:00 PM)
Dec 19	PINEAPPLE JUICE WATERMELON FRIED EGG (SUNNY SIDE UP) CORNED BEEF LONGGANIZA PLAIN RICE TOASTED BREAD W/ BUTTER JAM	CHICKEN SANDW/C ORANGE JUICE	HAWAIIAN COLESLAW SALAD TORTANG TALONG STEAMED FISH W/ HAM & VEG. BATTERED CHICKEN BLACK FOREST CAKE PLAIN RICE ASSTD. SOFTDRINKS	CHOCOLAT E CUPCAKE PINEAPPLE JUICE	SEAFOOD W/ CORN SOUP SAUTEED MIXED VEG. BREADED FISH FILLET W/ TARTAR SAUCE PORK SWEET & SOUR MANGO CAKE PLAIN RICE ASSTD. SOFTDRINKS
Dec 20	ORANGE JUICE BOILED EGG SAUSAGE GRILLED FISH PLAIN RICE TOASTED BREAD W/ BUTTER & JAM	HAM & EGG SANDW/C ICED TEA	POTATO CHEESE SALAD THAI SPRING ROLL SEAFOOD W/ SWEET & SOUR SAUCE CHICKEN AFRITADA CARROT CAKE PLAIN RICE ASSTD. SOFTDRINKS	MEATROLL ORANGE JUICE	BIRD'S NEST AMPALAYA CON CARNE BREADED FISH FILLET W/ TARTAR SAUCE BEEF CALDERETA FRUIT SALAD PLAIN RICE ASSTD. SOFTDRINKS
Dec 21	PINEAPPLE JUCE SCRAMBLED EGG FRIED TAPA SPICY DILLIS PLAIN RICE TOASTED BREAD W/ BUTTER & JAM	HOTDOG SANDW/C ORANGE JUICE	CHICKEN MACARONI SALAD MIXED VEG. W/ BUTTER SAUCE BEER FISH FILLET W/ TARTAR SAUCE PORK W/ ONIONS UBE CAKE PLAIN RICE ASSTD. SOFTDRINKS	EMPANADA CUCUMBE R JUICE	POTATO CHEESE SALAD THAI SPRING ROLL STEAMED FISH W/ TAOSIU BEEF CALDERETA FRUIT SALAD PLAIN RICE ASSTD. SOFTDRINKS